

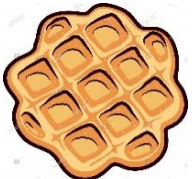


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-Jan *Hamburger w/ WG Bun Applesauce 1/2c Ranch Garbanzos 1/2c Carrot 1/4c <i>Ketchup</i>	5-Jan *Turkey Club Sandwich Craisins 1/2c Garden Salad 3/4c <i>Mayo & Mustard</i>	6-Jan *PB&J Uncrustable Diced Pear 1/2c Veggie Juice 1/2c Carrot 1/4c	7-Jan *Chicken Teriyaki w/ WG Rice 100% Orange Juice 1/2c Carrot 1/2c Celery 1/4c	8-Jan *Chili Cheese Tater Wedges w/Crackers (3) Peaches & Strawberries 1/2c
11-Jan *Nachos & Cheese Raisins 1/2c  Pinto Beans 1/2c Carrot 1/4c	12-Jan *Chicken Nuggets Apple Chips 1/2c Whole Pickle 3/4c <i>Ketchup</i>	13-Jan *Italian Sandwich Sliced Apples 1/2c Garden Salad 3/4c <i>Ranch, Mayo & Mustard</i>	14-Jan *Popcorn Chicken, Corn & Mashed Potato Bowl Mixed Fruit Cup 1/2c Potatoes & Corn (in bowl) 3/4c	15-Jan *Chicken Alfredo Peaches 1/2c Carrot 1/2c Celery 1/4c
18-Jan *Spicy or Regular Chicken Patty Sandwich Sliced Apples 1/2c BBQ Beans 1/2c Celery 1/4c <i>Ketchup</i>	19-Jan *Chicken & Cheese Burrito Orange 1/2c Veggie Juice 1/2c Carrot 1/4c	20-Jan *Cheesy Breadstick w/Marinara Sauce Apple Chips 1/2c Garden Salad 3/4c <i>Ranch</i>	21-Jan *Cheeseburger w/ WG Bun  Peaches & Strawberries 1/2c Pickle 3/4c <i>Ranch</i>	22-Jan *Chili Mac & Cheese Spiced Apples 1/2c Corn 1/2c Carrot 1/4c
25-Jan *Beef Hot Dog Gala Apple 1/2c Ranch Garbanzos 1/2c Carrot 1/4c <i>Ketchup</i>	26-Jan *Chicken & Waffle  Applesauce 1/2c Veggie Juice 1/2c Carrot 1/4c	27-Jan *Chicken Corn Dog Apple Chips 1/2c Garden Salad 3/4c <i>Ketchup & Ranch</i>	28-Jan *Meatball Sub w/ WG Roll Peaches & Strawberries 1/2c Pickle 3/4c	29-Jan *Oven Roasted Drumstick w/Goldfish Crackers Pearberry Cup 1/2c Corn 1/2c & (Mobile) Tater Tots 1/2c (On-Site) Carrot 1/4c
1-Feb *Bean & Cheese Burrito Raisins 1/2c Veggie Juice 1/2c Carrot 1/4c	2-Feb * BBQ Chicken Sandwich Craisins 1/2c BBQ Garbanzo Beans 1/2c Carrot 1/4c	3-Feb *Cheese Pull Apart 100% Orange Juice 1/2c Garden Salad 3/4c	4-Feb *Orange Chicken & WG Rice Sliced Apples 1/2c Carrot 1/2c Celery 1/4c	5-Feb *Popcorn Chicken & Tots Bowl Orange 1/2c Tots 1/2c (In Bowl)

This institution is an equal opportunity provider*

****1% white or fat free chocolate milk with each meal****

****Menu items subject to change due to product availability****

Did you know: Studies show that chickpeas were first cultivated in the Middle East around 7500 years BC! Their popularity spread, and they were soon grown and eaten in many ancient civilizations such as Greece, Rome and Egypt!!

