

Lunch Menu October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Popcorn Chicken & Mashed Potato Bowl Corn Celery Fruit	2 Cheese Quesadilla Rice Beans Lettuce & Tomatoes Fruit	3 Pepperoni Pizza Broccoli Carrots Fruit	4 Cheeseburger Green Leaf Pickles Fruit
7	8	9	10	11
<h2>Fall Break</h2>				
14 Turkey Hot Dog Pasta Salad Corn Carrots Fruit	15 Chicken Fried Rice Cucumbers Celery Fruit	16 Philly Cheesesteak Garbanzos Broccoli Fruit	18 Pepperoni Pizza Broccoli Carrots Fruit	19 Cold Cut Sub Pickles Carrots Fruit
21 Chicken Tenders Mac N Cheese Corn Celery Fruit	22 Meatball Sub Carrots Celery Fruit	23 Bean & Cheese Nachos Lettuce & Tomatoes Fruit	24 Pepperoni Pizza Broccoli Carrots Fruit	25 Grilled Cheese, Turkey & Bacon Sandwich Green Leaf Cucumbers Fruit
28 Turkey Corn Dog Potato Salad Celery Carrots Fruit	29 Orange Chicken & White Steamed Rice Corn Broccoli Fruit	30 Bean & Beef Burrito Rice Cucumbers Salad mix Fruit	31 Pepperoni Pizza Broccoli Carrots Fruit	



Alternative Fruit,
Skim & 1% Milk
Offered Daily



Add color to your plate! Try eating
a different vegetable each day.

Menu is subject to change due to product availability

“This institution is an equal opportunity provider”