


# Lunch Menu December 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispy Chicken Sandwich Corn   Carrots Fruit	3 Baked Beef Ziti Broccoli   Garbanzos Fruit	4 Cheese Quesadilla Rice   Beans Lettuce & Tomatoes Fruit	5 Pepperoni Pizza Broccoli   Carrots Fruit	6 Cheeseburger Green Leaf   Pickles Fruit
9 Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Veggies Fruit	10 Bean & Cheese Nachos Salad Mix   Cucumbers Fruit	11 Bean & Beef Burrito Rice Cucumbers   Salad mix Fruit	12 Pepperoni Pizza Broccoli   Carrots Fruit	13 Turkey Corn Dog Pasta Salad Celery   Carrots Fruit
16 Red Tamale Rice & beans Salad Mix Fruit	17 Popcorn Chicken & Mashed Potato Bowl Corn   Celery Fruit	18 Chicken Fried Rice Veggie Roll Broccoli Fruit	19 Pepperoni Pizza Broccoli   Carrots Fruit	20 Grilled Cheese, Turkey & Bacon Sandwich Green Leaf   Cucumbers Fruit
23	24	25	26	27
30	31			



Alternative Fruit,  
Skim & 1% Milk  
Offered Daily



Add color to your plate! Try eating  
a different vegetable each day.

*Menu is subject to change due to product availability*

“This institution is an equal opportunity provider”