


Lunch Menu November 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheeseburger Green Leaf Pickles Fruit
4 Crispy Chicken Sandwich Corn Carrots Fruit	5 Baked Beef Ziti Broccoli Garbanzos Fruit	6 Cheese Quesadilla Rice Beans Lettuce & Tomatoes Fruit	7 Pepperoni Pizza Broccoli Carrots Fruit	8 Cold Cut Sandwich Cucumbers Carrots Fruit
11 <i>Veteran's Day</i>	12 Turkey Hot Dog Pasta Salad Corn Carrots Fruit	13 Bean & Cheese Nachos Salad Mix Cucumbers Fruit	14 Pepperoni Pizza Broccoli Carrots Fruit	15 Cold Cut Sub Pickles Celery Fruit
18 Chicken Tenders Mac N Cheese Corn Celery Fruit	19 Popcorn Chicken & Mashed Potato Bowl Corn Celery Fruit	20 Bean & Beef Burrito Rice Cucumbers Salad mix Fruit	21 Pepperoni Pizza Broccoli Carrots Fruit	22 Grilled Cheese, Turkey & Bacon Sandwich Green Leaf Cucumbers Fruit
25 Turkey Corn Dog Potato Salad Celery Carrots Fruit	26 Chicken Fried Rice Veggie Roll Broccoli Fruit	27 Turkey & Dinner roll Mashed Potatoes & Gravy Steamed Veggies Fruit	28 <i>Happy Thanksgiving!</i> 	29



Alternative Fruit,
Skim & 1% Milk
Offered Daily



Add color to your plate! Try eating
a different vegetable each day.

Menu is subject to change due to product availability

“This institution is an equal opportunity provider”